



Pitching Videos

Stepping Outside the 24" Pitching Plate

<https://youtu.be/loPmsFXVi3c>

Stepping Back

<https://youtu.be/L1w2Q6RCZPc>

Sliding the Pivot Foot Forward

https://youtu.be/D-VPU_GK24

Simulating a Signal

<https://youtu.be/hoPL6Wqulec>

Hands Come Together

<https://youtu.be/ffhk1U-lOro>

Disengaging from the Playing Surface

<https://youtu.be/4bnSaF9fURE>

Softball Pitch with Replant Discussion

<https://youtu.be/IU-vs6Qe0Cg>